

# For Children Only

## Menu 3

Week of: \_\_\_\_\_

### BREAKFAST

Honey Nut O's  
Raisin Bran  
Fresh Banana  
Milk

### MONDAY

#### LUNCH

Beans with Turkey Franks  
Corn  
Diced Pears  
Sliced Bread  
Milk

#### PM SNACK

Graham Crackers  
100% Apple Juice

### BREAKFAST

Pancakes  
Milk  
100% Apple Juice

### TUESDAY

#### LUNCH

Chicken Casserole  
Green Beans  
Peaches  
Milk

#### PM SNACK

Peanut Butter Sandwich

### BREAKFAST

Cinnamon Toast  
Milk  
100% Orange Juice

### WEDNESDAY

#### LUNCH

Beef Stroganoff  
Green Beans  
Mandarin Oranges  
Milk

#### PM SNACK

Peanut Butter  
Fresh Apples

### BREAKFAST

Oatmeal  
Fresh Banana  
Milk

### THURSDAY

#### LUNCH

Oven Baked Parmesan Chicken  
White Rice  
Glazed Carrots  
Apple Sauce  
Milk

#### PM SNACK

Ritz Crackers  
Cheese

### BREAKFAST

Biscuit & Jelly  
Milk  
100% Apple Juice

### FRIDAY

#### LUNCH

Peanut Butter & Jelly Sandwich  
Carrot Sticks  
Diced Pears  
Milk

#### PM SNACK

Carrots & Broccoli